

E&H Catering Services

Corporate Lunch and Breakfast Menu

Orange Glazed Chicken Breast

*Served with Red Bliss Potatoes & a Medley of Vegetables
Rolls & Butter
(10-person minimum)
\$9.50 per person*

Lasagna (Meat or Vegetarian)

*Caesar Salad
Garlic Bread
(Sold in increments of 9)
\$7.95 per person*

Baked Ziti

*Ziti pasta smothered in a marinara sauce with provolone, mozzarella, ricotta, and
Parmesan cheeses.
Garden Salad
Garlic Bread
\$8.25 per person*

Chicken Alfredo in Bowtie Pasta

*Diced sautéed chicken breast in a made from scratch Alfredo sauce. Tossed
with Bowtie Pasta.
Garden Salad
Garlic Bread
\$9.50 per person*

Creamy Chicken Marsala

*Diced chicken breast sautéed in a creamy Marsala wine sauce, tossed with
Penne pasta
And topped with a sweet marinara and Parmesan cheese
Caesar Salad
Garlic Bread
\$9.50 per person*

Teriyaki Chicken

*Grilled chicken breast smothered in a sweet teriyaki glaze topped with a grilled
pineapple round. Served with rice, oriental style vegetables and a roll.
\$9.50 per person*

E&H Catering Services LLC
2947 W. Fairmount Ave
Phoenix AZ 85017
623-979-5490
heather@eandhcatering.com

E&H Catering Services

Green Chili Chicken Enchiladas

Served with Fiesta Rice and Refried Beans

\$7.95 per person

(Sold in increments of 9)

Build Your Own Taco Platter

Seasoned Ground Beef, Taco Shells, Made from Scratch Salsa, Sour Cream, Shredded Lettuce, Shredded Cheese, Diced Tomatoes, Red Onion, Black Olives, Jalapenos. Served with Fiesta Rice and Refried Beans

(Minimum order of 20)

\$7.50 per person

Chicken or Beef Fajitas

Choice of Chicken or Beef with sautéed peppers and onions. Served with flour tortillas, made from scratch salsa, all the trimmings. Fiesta rice and refried beans served on the side.

\$9.75 per person

(Minimum order of 20)

Barbeque Pulled Pork or Shredded Chicken

Pulled pork or shredded chicken smothered in barbeque sauce and served with Kaiser rolls. Served with baked beans and choice of Potato or Pasta Salad.

\$8.25 per person

(Minimum order of 10)

Nacho Bar

Corn Tortilla Chips, Cheese Sauce and Seasoned ground beef. Jalapenos, Diced tomatoes, Onions, Black Olives, Sour Cream and Fresh Salsa are Served on the side so that you may create your own nachos.

\$7.50 per person

(Minimum order of 20)

E&H Catering Services LLC

2947 W. Fairmount Ave

Phoenix AZ 85017

623-979-5490

heather@eandhcatering.com

E&H Catering Services

******Fresh Fruit has a 10 person minimum order – otherwise Garden Salad is substituted******

Build Your Own Sandwich Tray

*(Includes Roast Beef, Turkey, Ham & a Selection of Cheeses, & Assorted Rolls)
Fresh Fruit or Garden Salad
Pasta or Potato Salad
\$7.50 per person*

Mini Croissant Sandwich Platter

*(Includes our deli meat & cheese selections on Fresh Baked Petit Croissant)
Fresh Fruit or Garden Salad
Pasta or Potato Salad
\$7.95 per person*

Assorted Sub Platter

*(Our Deli Meat & Cheese Selections on our Fresh Baked Sub Rolls)
Fresh Fruit or Garden Salad
Pasta or Potato Salad
\$7.95 per person*

Chicken or Tuna Salad Platter

*Fresh Baked Petit Croissant or Wheat Rolls filled with our Fresh Chicken or Tuna
Salad
Fresh Fruit or Garden Salad
Pasta or Potato Salad
\$7.50 per person*

Fresh Fruit Tray

*Seasonal Fresh Fruit Served with your choice of Orange, Strawberry, or
Raspberry Cream Cheese Dip
Serves 25-30
\$45.00*

Fresh Veggie Tray

*Seasonal Fresh Vegetables Served with your choice of Ranch or Spinach Dip
Serves 25-30
\$40.00*

**E&H Catering Services LLC
2947 W. Fairmount Ave
Phoenix AZ 85017
623-979-5490
heather@eandhcatering.com**

E&H Catering Services

Cobb Salad

Rows of Grilled Chicken, Avocado, Egg, Shredded Cheese, Tomatoes, Bacon, Black Olives, and Red Onion on Crisp Greens
Served with Fresh Fruit and our Petite Croissants
(Sold in increments of 10)
\$8.95 per person

Chicken Caesar Salad

Rows of Grilled Chicken Breast, Marinated Artichoke Hearts, Black Olives, Tomatoes, Croutons, & Parmesan Cheese On Romaine Lettuce
Served with Fresh Fruit, Rolls, & Butter
(Sold in increments of 10)
\$7.95 per person

Antipasto Salad

Rows of Artichoke Hearts, Black Olives, Tomatoes, Red Onion, Ham, Salami, Pepperoni, Provolone Cheese atop Crisp Greens
Served with Garlic Toast
(Sold in increments of 10)
\$8.95 per person

Made from Scratch Soups by the Gallon

Includes Bowl, Spoon, Napkin, Crackers, and Ladle
Serves 12 for \$38.00

Varieties Include:

- Chicken Aztec** – Shredded chicken breasts with sautéed onions, carrots, celery and tomatoes. Seasoned with fresh herbs.
- Ham and Black Bean** – Prepared with smoked ham, black beans, red onions, jalapenos, and sour cream.
- Roasted Chicken Corn Chowder** – Prepared with diced chicken breasts, roasted corn, sautéed onions, and celery. Seasoned with fresh herbs.
- Hearty Beef Goulash** – Prepared with ground beef, onions, potatoes, garlic, red and green bell peppers.
- Vegetable Beef** – Prepared with ground beef, green beans, tomatoes, celery, carrots, and onions in a hearty beef broth.
- Italian Vegetable** – Prepared with seasonal vegetables, spiral noodles, and Italian herbs and spices.
- Vegetable Barley** – Prepared with onions, carrots, celery, garlic, tomatoes, and pearl barley.
- Chicken Corn Tortilla** – Prepared with shredded chicken, diced tomatoes and corn seasoned spicy and topped with crisp tortilla strips.

E&H Catering Services LLC
2947 W. Fairmount Ave
Phoenix AZ 85017
623-979-5490
heather@eandhcatering.com

E&H Catering Services

Dessert

Chocolate Chip Cookies	\$0.75 each
White Chocolate Macadamia Nut Cookies	\$0.75 each
Chocolate Chocolate Chip Cookies	\$0.75 each
Peanut Butter Chip Cookies	\$0.75 each
Oatmeal Raisin Cookies	\$0.75 each
Brownies	\$0.95 each
Blondies	\$0.95 each
Assorted Dessert Tray	\$1.75 per person
Cookies by the Dozen	\$9.00

Assorted Dessert Bars

(\$2.50 per person 15 person minimum)

Varieties include:

Strawberry Cheesecake Bars

Raspberry Chocolate Bars

Lemon Squares

"Magic" Bars

Gourmet Cookie Platter

Serves 25-30 per tray \$60.00

A Variety of made from scratch gourmet cookies.

Miniature Cheesecakes

\$30.00 per dozen cupcake size cheesecakes

Varieties include: Cappuccino, Oreo, Vanilla, Orange Snap, and Strawberry Shortcake

Cupcakes

Made from scratch cupcakes \$30.00 per dozen

Cakes

Made from Scratch with Choice of filling

1/4 Sheet Cake (Serves 25-30) - \$55.00

1/2 Sheet Cake (Serves 60-70) - \$90.00

Full Sheet Cake (Serves 100) - \$150.00

E&H Catering Services LLC

2947 W. Fairmount Ave

Phoenix AZ 85017

623-979-5490

heather@eandhcatering.com

E&H Catering Services

Breakfast Menu

Continental Breakfast

Fresh cut fruit, Assorted Bagels, Assorted Jumbo Muffins, Danish, Strawberry and Plain Cream Cheeses, Butter, Orange and Apple Juice Bottles

\$7.50 per person

Breakfast Burritos

(Filled with egg, cheese, and choice of Chorizo, Ham, or Bacon)

Served with Roasted Red Potatoes with onion, Made from Scratch Salsa, Fresh Cut Fruit, Orange and Apple Juice Bottles

\$9.25 per person

Bagel Sandwiches

(Filled with egg, cheese, and sausage patty)

Served with Roasted Red Potatoes with onion, Fresh Cut Fruit, Orange and Apple Juice Bottles

\$9.50 per person

Beverages

Coffee \$1.75 Per Person

Assorted Juices \$1.50 Each

Bottled Water \$1.25 Each

Milk \$1.75 Each

Assorted Soda Pop \$1.00 Each

E&H Catering Services LLC

2947 W. Fairmount Ave

Phoenix AZ 85017

623-979-5490

heather@eandhcatering.com

E&H Catering Services

Box Lunches - \$7.50 Each

Sandwich Choice:

- **Tuna Salad**
 - **Chicken Salad**
 - **Curry Chicken salad**
 - **Ham and Swiss**
 - **Turkey**
 - **Italian Grinder-piled high with ham, salami, pepperoni, provolone cheese, black olives, red onion, lettuce and tomato. Italian dressing served on the side.**
 - **Turkey Ranch Club – Turkey, Bacon, American cheese with ranch dressing served on the side**
 - **Veggie grinder – lettuce, tomato, red onion, black olives, provolone, Swiss, and cheddar cheese. Served with a side of Italian Dressing.**
 - **Cobb sandwich – Turkey, avocado, tomato, bacon and black olives. Served with a side of Bleu Cheese Dressing.**
- Sandwiches are served on choice of croissant, white, or wheat sub roll. All sandwiches have lettuce and tomato and are served with mayo on the side.**

Side choice:

- **Potato chips**
- **Pasta salad –minimum order of 10**
- **Potato salad – minimum order of 10**
- **Fresh Fruit = minimum order of 10**
- **Apple**

Dessert choice:

- **Brownie**
- **Cookie**
 - **White chocolate macadamia nut**
 - **Chocolate chocolate chip**
 - **Chocolate chunk**
 - **Oatmeal walnut raisin**

**E&H Catering Services LLC
2947 W. Fairmount Ave
Phoenix AZ 85017
623-979-5490
heather@eandhcatering.com**